

# Medical Adaptations For Your Home



Are you living as independently as possible?

Or is a mobility issue, long term illness or deafness preventing this?

We may be able to help with some minor adjustments to your property or your development.

## What is a medical adaptation?

Medical adaptations are funded by the Scottish Government on an annual basis and allow us to carry out physical works to our properties to enable tenants to live as independently as possible.

## What are some examples of adaptations?

- Changing from a bath to a level access shower or wet floor shower
- Grabrails in your bathroom to help you get out of the bath or get on/off the toilet
- A flashing light or vibrating pillow to help you see the doorbell or fire alarm, if you can't hear them



# How do I apply for an adaptation?

There are different ways to apply for adaptations depending on what you need.

## Referral from an Occupational Therapist or GP

For most adaptations, a referral should be obtained from an Occupational Therapist or your GP, explaining the adaptation required and the level of priority for the adaptation.

This should then be submitted to Trust. The priority is a simple A or B, with A the highest priority.

If you have any problems getting a referral, please talk to a Trust member of staff.

Works are carried out by the highest priority and date order. Works will only be able to be carried out whilst funding is available.

## Self Referral for small works

For smaller works such as grabrails, these can be completed by Trust staff on receipt of a self referral form completed by you.

These forms are available from a Trust staff member.

trust



## What happens next?

### Step 1

Submit either your referral from your OT or GP, or your Self-Referral form to Trust via your Coordinator or Housing with Care Manager or email or post, using the contact details on the back page.

### Step 2

If accepted, you will receive an acknowledgement. The required work will be checked against the available funding. Where funding is available, works will proceed and you will be advised of the appointed contractor.

### Step 3

A site inspection will be completed before the work starts, either by an architect or contractor (depending on the type of work required).



# Frequently asked questions

## Do I need to disclose personal medical information to Trust when applying for an adaptation?

No. We only need to know the appropriate medical information in order to identify which would be the most suitable adaptation for your needs.

## Do I need to apply through my Coordinator or Housing Care Manager?

No. You can apply directly to Trust but the Coordinator and Customer Experience or Care & Support Partner are on hand to help with the application if you need them.

## What happens if there is no grant left to carry out my adaptation?

Your application will be added to the waiting list and will be carried out in order of the level of priority once the new allocation of grant becomes available.

## How long will the work take?

The time taken to carry out the adaptation depends on the type of work involved. Generally, once a works order is issued, the contractor has three weeks to complete the work.

## What do I do if I have more questions?

Just ask. Our contact details are as below.

Please send your referral from your OT or GP or your self-referral to:  
The Medical Adaptations Team  
Trust Housing Association  
12 New Mart Road  
Edinburgh, EH14 1RL

If you need any further information, please speak to your Coordinator or Housing Care Manager, or contact us on 0131 444 1200, or email [MAadaptations@trustha.org.uk](mailto:MAadaptations@trustha.org.uk)

